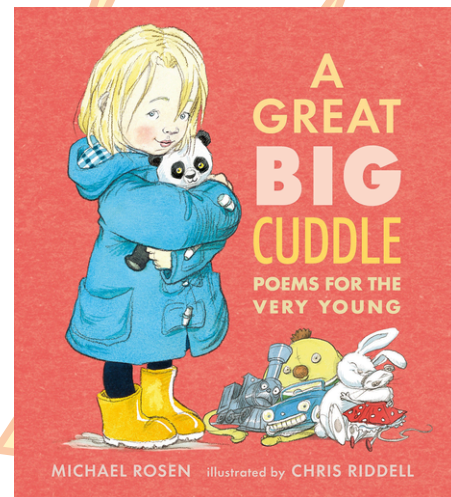
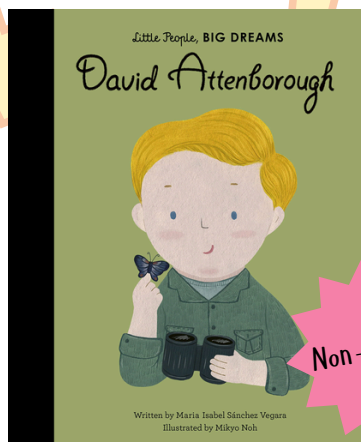
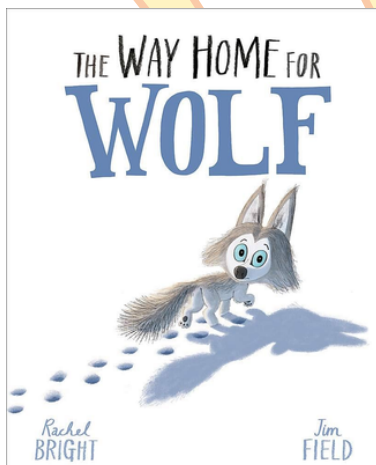
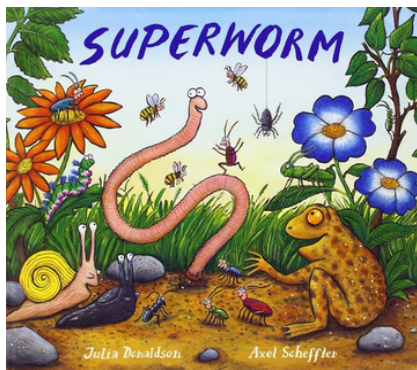
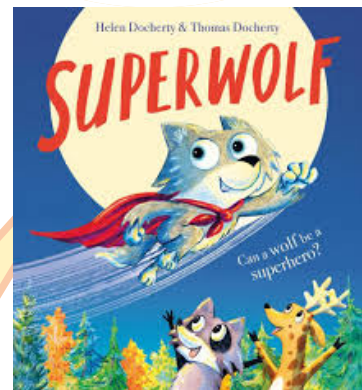




Books to Share

Superwolf – Helen Docherty

Luna, the little wolf, has just one ambition: she wants to be a superhero. But there's a big problem – all of the animals are TERRIFIED of wolves. Luna tries her best but whenever she tries to save the day, everyone runs off screaming! Will she ever see her dream of being a superhero come true?



Non-fiction!

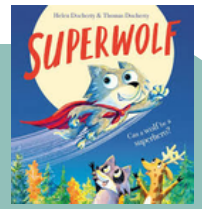
Why don't you walk to the library to find a copy to borrow, did you know you can reserve a copy of the book? If you are a nursery or a childminder ask about your membership as you can borrow more books and have an extended time period.

[Find a Library – Buckinghamshire Council.](#)



1

Monday

Read the book

Find a comfortable place and enjoy reading the book. Remember to make sure that you have the children's attention and that every child can clearly see the pictures. Find the time to point out specific new vocabulary and the detail of the illustration. Story times are great opportunities to support children's developing Communication and Language skills. Always make sure the stories you share are good quality texts and you know the reasons for choosing the books. You may be able to use some props or visual supports to enhance the experience.

(Some children may benefit from having read the story individually or in a small group before sharing in a larger group or having the opportunity to have shared the book at home with their parents/carers).

2

Tuesday

Learn the rhyme

**If I was a
Superhero -
Action Rhyme**

If I was a Superhero

If I was a Superhero:
If I was a superhero
I'd definitely fly.

Arms outstretched, racing birds in the sky.

(E.g. Mime aims outstretched, pretending to fly)

If I was a superhero
I'd have special powers

Like extra long legs, for jumping over towers.

If I was a superhero
I'd save all oceans

With my secret and magical cleaning-up potions

If I was a superhero
I'd save all the trees

And mountains and rivers, the birds and the bees

If I was a superhero
I'd help all the poor

Give them food and make them hungry no more.

If I was a superhero
I'm sure you'll agree

The world would be better because of me!

Vocabulary ideas:

fly, outstretched, race,





Wednesday

Superhero Training Begins

Physical Development, Communication and Language, PSED

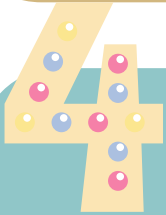
With the children create a superhero obstacle course (inside or out) to practise their super hero climbing, lifting, creeping, freezing, balancing, jumping, leaping skills like Luna, alongside practising their sharing, listening and collaborating super hero skills.

Use large loose parts to create the course, such as tyres, planks, crates, hoops. Maybe your superheroes need a den so they can meet to plan adventures, and rest after their hard work!

Clipboards and large paper might help your superheroes to plan out and develop their creative ideas.

Can the same be done in the small world area for small world characters?

Vocabulary ideas: climb, lift, creep, balance, jump, leap, freeze



Thursday

Superhero Powers

C&L, EAD, Literacy, PSED

If you were a superhero, what would your superpower be and why?

Adults to model ideas and simple explanations eg I would choose to be invisible so I could sneak up on my sister and make her jump!

Encourage your superheroes to make ID badges that explain their superpowers, likes, dislikes, biggest achievements etc

Maybe your superheroes can make their own superhero costumes using large pieces of cloth, clothes pegs, ribbons, boxes etc

Vocabulary ideas:

Superpower, invisible, fast, lightning, ice, fire, strong, magnetic, fly, zoom etc



5

Friday Superhero Graduation

PD, Maths, C&L, PSED

Can your superheroes to complete the superhero graduation challenge? Gather ideas with your superheroes that will demonstrate their powers. This will need to be set up with large loose parts etc similar to Wednesday.

How are you going to record what your superheroes achieve? (eg tally charts, measuring distance with skipping ropes/tapes/feet/metre sticks)

How are you going to sensitively share and discuss the differences and similarities of the 'results'?

How many star jumps/burpees/lunges/squats etc can you do in 1/2/3 minutes?

Can you balance along the beam/rope etc?

Can you weave your body in and out of the cones/hoops?

Throwing beanbags/balls – how far/high, can you aim into a hoop? Can you catch the flying beanbags/balls?

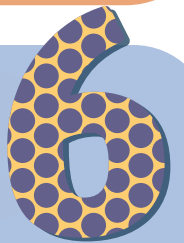
Consider what your superheroes will 'win' e.g. certificate, making their own wrist band, cape etc

Vocabulary ideas:

throw, catch, balance, jump, long/er, short/er, high/er, low/er, counting, time.



Provision Ideas Construction



Large scale construction: Large loose parts to create superhero challenges, dens, headquarters etc

Small world construction: small loose parts to create superhero challenges/cities etc

Extra ideas: If you have 'mini-mes' in your small world area, perhaps they might go missing this week and be held to ransom. Can your superheroes set traps, write wanted posters, write letters etc to save the day?



Provision ideas

Role Play

Open-ended/deconstructed role play items such as boxes, planks, tyres etc and open-ended/deconstructed dressing up materials such as large/small/strips of fabric, rubber bands, clothes pegs etc for superhero (and other) dressing up. Spend some time in this area with your superheroes to model the possibilities, thinking out loud as you create, problem solve etc

Extra ideas: Could you even supply plain t-shirts and pens to decorate?



Provision Ideas

Creative Area

Open-ended resources to encourage superhero prop and costume making e.g. ribbons, scraps of materials/paper, junk modelling. Spend some time in this area with your superheroes to model the possibilities, thinking out loud as you create, problem solve etc.

Extra ideas: Can the children design and make their own superhero, maybe using clay, pebbles, sticks, leaves and other natural resources.



Provision Ideas

Book area

Bring any superhero/wolf etc books to the forefront to encourage browsing. Include props, puppets etc that can enhance reading and storytelling. What non-fiction books do you have about real-life superheroes: doctors, nurses, firefighters etc.

Extra ideas: You could display your families' photos and encourage children to talk/write about e.g. what makes their parent a superhero?



We'd love to hear about other ways you have enhanced your provision!
Please send photos into earlyyears@buckinghamshire.gov.uk and/or share
on your socials #chatplayreadbucks

Remember to check children's photo permissions before submitting.

Parental Engagement

How are you going to engage your families with Communication Week? Can you think of interactive challenges/events etc that will promote Communication and Language opportunities at home?

Some ideas:

Challenge your superheroes to create obstacle courses at home or at the park.

Can their families complete these with them?

Play would rather games over dinner e.g. if you were a superhero, would you rather be invisible or be able to transform into a fish?

Have children and their family members ever been frightened of someone or something that turned out not to be scary?

Can families visit their local library and find another book that links to Super Wolf? Maybe a book about superheroes, wolves or being frightened or rescued?



National Year of
Reading 2026

The National Year of Reading 2026 is here to make that easier, offering simple, playful ideas to build stories and books into your everyday activities and routines.

[Early years settings | National Year of Reading 2026](#)

[Schools | National Year of Reading 2026 | Go All In](#)



Early Years
Service

*At the heart of everything we do is
a belief in the best start for children*